



# REHBAR

**AYURVEDIC & UNANI-TIBBI MEDICAL COLLEGE,  
HOSPITAL AND RESEARCH CENTRE**

**PHAGUWALA KANCHIAN, SANGRUR ROAD, BHAWANIGARH-148026 (SANGRUR)**

Approved by Central Council of Indian Medicine, New Delhi  
Permitted by the Department / Ministry of Ayush, Govt. of India, New Delhi  
Affiliated with Guru Ravidas Ayurved University, Hoshiarpur (Pb.)

**Rehbar Foundation (Regd.)**

Head Office : Khan Hospital & Maternity Home,  
BHAWANIGARH-148026 Distt. Sangrur (Punjab)

## About the Rehbar Foundation

The Rehbar Foundation (Regd.) was established in 2008 by a group of well known Doctors, Educationists & Social Figures, who were motivated by a strong spirit of social responsibilities & commitments. Apart from the Social commitments involved in aims & objectives, the ultimate aim of the society is to establish educational institutes to cater the drastic & challenging needs of the Minorities & other Weaker Sections of Society.

Keeping in view the need of the region and to contribute for meaningful employment for girls & minority section of the society & development of Medical, Nursing & Health Education in Punjab, the Foundation established "Rehbar Institute of Medical Sciences at Bhawanigarh" in the year 2008-09 with D.Pharmacy (Ayurvedic) & added GNM & ANM courses in the year 2009-10 and Rehbar Ayurvedic Unani Tibbi Medical College in 2013.

Satisfying the core aim of social welfare & responsibility, the Foundation is working for providing remarkable health services to the poor & downtrodden strata of the society specially belonging to rural Punjab. The Foundation has organized free medical check-up camps at various villages of the area and free medicines have also been distributed to the needy patients.

The Foundation is a registered society under Societies Registration Act 1960 with Registrar of Societies. Recognizing the aims & objectives of the Foundation for the welfare of the Society, the Govt. of India awarded Exemption for Donations under Section 80G of Income tax Act to the Society. The foundation has also been recognized under section 12 A of Income Tax Act by Govt. of India.



**REHBAR AYURVEDIC & UNANI-TIBBI MEDICAL COLLEGE, HOSPITAL  
& RESEARCH CENTRE**

**THE UNANI SYSTEM OF MEDICINE:**

**(i) Introduction:**

Unani-tibbi or Unani Medicine also spelled as Unani Medicine which means "Greek Medicine", and is a form of traditional medicine widely practiced in South Asia. It refers to a tradition of Graeco-Arabic medicine, which is based on the teachings of Greek physician Hippocrates and Roman physician Galen, and developed into an elaborate medical System by Arab, Afghans and Persian physicians, such as Rhazes, Avicenna (Ibn Sena), Al-Zahrawi, Ibn Nafis. Unani medicine is based on the concept of the four humours: Phlegm (Balgham), Blood (Dam), Yellow bile (Safra') and Black bile (Sauda').

**(ii) History:**

Though the threads which comprise Unani healing can be traced all the way back to Claudius Galenus of Pergamum, who lived in the second century of the Christian Era and also to Ancient Iranian Medicine, the basic knowledge of Unani medicine as a healing system was developed by Hakim Ibn Sina (known as Avicenna in the west) in his medication encyclopedia The Canon of Medicine. The time of its origin is thus dated at circa 1025 AD Unani medicine first arrived in India around 12-13 century CE with the establishment of Delhi Sultanate (1206-1527 CE) and Muslim rule over North India and subsequently flourished under Mughal Empire. A lauddin Khilji (r. 1296-1316) had several eminent Unani physicians (Hakims) in his royal courts. In the coming year, this royal patronage meant development of Unani practice in India, but also of Unani Literature with the aid of Indian Ayurvedic physicians. According to Unani medicine, management of any disease depends upon the diagnosis of disease. In the diagnosis, clinical features i.e. signs, symptoms, laboratory features and mizaj (temperament) are important. In India, there are forty(40) Unani Medical Colleges where Unani System of medicine is taught, in five and half year courses and the Graduates are awarded BUMS (Bachelor of Unani Medicine and Surgery), and three years post graduate degree (Mahir-e-Tib & Mahir-e-Jarahat) MD & MS is being awarded to BUMS doctors. All these colleges are affiliated to reputed universities and recognized by the Governments.

**(iii) Importance:**

As an alternative form of medicine, Unani has found favor in India. The Unani practitioners can practice as qualified doctors in India, as the Government approves their practice. Unani medicine is very close to Ayurveda. Both are based on theory of the presence of the elements (in Unani, they are considered to be fire, water, earth and air) in the human body. (The elements, attributed to the philosopher Empedocles, determined the way of thinking in medieval Europe.) According to followers of Unani medicine, these elements are present in different fluids while their balance leads to health their imbalance leads to illness. The institution will provide direct employment to persons of the nearby areas & professionals from all over India. The institute will also provide indirect benefits to the hundreds of people. It will also provide health facilities to the hundreds of needy people of rural area, which is also the main objective of the Government.

Thus, the project will not only make remarkable and significant contribution towards the economic status of the area & State but it will also prove to be a major helping hand to the Government for attainment of mission of disease free HEALTHY SOCIETY.

The Unani system of medicine is a widely accepted & successful system and more & more peoples are attracted to this system day-by-day. Due to growing demand, the takers of this system in academics are also increasing day-by-day & this is growing to be the need of the hour. There are very less institutions providing professional teaching of Unani system of medicine in India.



## Infrastructure

### **Rehbar Ayurvedic & Unani-tibbi Medical College Hospital & Research Centre**

boasts of having infrastructure of latest technology, at par with the best institution of unani education of India. The Managements is clean vision is to provide the ever best infrastructure & to equip the institute with the latest infrastructute & gadgets required for unani education & practical exposure.

#### **(iii) Infrastructural & Other facilities:**

The Institute will have all ultra modern Medical & associated equipments & best in class infrastructure and other facilities.

#### **(a) Ambulance:**

The Society is running free ambulance since its inception & the Society is committed to add more ambulances as & when required.

#### **(b) Bus Service for Staff & Students:**

The Society is already having 3 transport vehicles for the staff & students and more vehicles may be added as & when required.

#### **(c) Well Stocked Library (fully AC & computerised):**

The fully Air-conditioned & computerised Library will be full of books of National & International authors. The reputed national & international journals, e-journals, magazines and Newspapers will be subscribed. The library will have dedicated computer systems with internet connection for the use of staff & students.

#### **(d) Safety:**

The society will install all modern safety gadgets to make the institute safe from all type of hazards i.e. electric, fire etc. The institute will have well trained professional (men & women) security staff.



**(e) AV enabled Lecture Rooms & Conference hall:**

All the class rooms will be equipped with all modern audio-video gadgets for smooth delivery of the lecture & to create a very good ambience for better professional learning. The full air-conditioned meeting / conference hall will also be equipped with latest audio-video equipments.

**(g) Highly educated, professional & Experienced Faculty & Staff:**

The institute had recruited highly educated, professional & experienced faculty & staff as per the Rules & Regulations framed by the affiliating body.

**(h) Computerised internet linked office:**

The administrative office will be fully computerised & will be linked to internet through world class fully interactive website. The students & their parents will have facility to get online facilities regarding submission of admission forms, admission fee, academic records from any computer worldwide through their personalized password protected accounts. This will provide them hassle free environment to motivate them for better study.

**Computer Lab:** We have a fully furnished, highly sophisticated labs with all new Pentium systems. All the systems are networked and catered by a server viz Windows NT Server. One can access his login from any system in the college and can also work on any operating system by sitting on any machine. All the Systems are backed by UPS.

**English Speaking :** English speaking classes are conducted as a part of personality development classes. Such classes are held to help the students in their course studies as well as to groom them so that they can compete in their respective fields.



### **Human Resource Development (HRD) Cell :**

We believe that the only technology which cannot be copied by any organization, is human resource technology, How can one copy the habits of self starters, the leaders and pioneers. To unearth One's potential, we have this exclusive department programs in collaboration with department of publicity and public relations.

**Personality Development Cell :** We know that what others don't teach you at other institutes in hands on experience. We deliver more because we feel that students are the biggest assets and we owe to the society and industry.

**Seminars/Presentation :** Seminar and presentations invoice a small group of students. Usually the group led by a staff member, discusses one aspect of a subject in depth. It can be, for example, on an exercise or case which students have worked on, or an essay that an individual student has presented, the student are encouraged to consider competing view/point to promote creative discovery.



**Bus Facilities :**

Bus facility will be provided to day scholars on payment basis. The Institute will also provide Bus facility to transport the students for practical training in different hospitals of the area.

**Hospital:**

Has 60 bedcolab full furnished hospital. OPD/IPD/Labs/Ultrasound/X-Ray/ECG/ICU/ Emergency/Canteen/ Pharmacy/Ambulance etc. with all the departments are required for the Unani College & Hospital.





### Hostel Facility :

Hostel facility is available to all the deserving students. The hostel accommodation is on twin/triple sharing basis and speak of comfort, hygiene, quality & safety, Hostel accommodates a dining hall, recreation room and other necessary facilities. To gratify the need of students, the institute established a state of art hostel, equipped with all the modern electric & electronic gadgets i.e. Coolers, Fans, Geysers, T.V. etc. The food is being cooked and served in the most hygienic conditions in hostel mess. Indoor games are also being provided.

### Hostel Norms :

The student has to abide by the rules and regulations prescribed by the authorities from time to time. It is compulsory for the students residing in hostel to eat in the hostel mess. Payment for the food is on monthly basis. Charges are liable to change with prior notice of one month.

- a) Student should co-operate in the upkeep of hostel and its good name.
- b) Rooms should be kept clean and tidy. Students are fully responsible for furniture supplied to them.
- c) Cup Boards/Boxes should be properly locked. Jewellery and Expensive items are not permitted in the rooms.
- d) Allotment of rooms is made by the Warden, but change can be made on request.
- e) Water in Hostel is available for 24 hrs, but wastage and carelessness will render the students for disciplinary action.
- f) Relatives are not permitted in the rooms.**
- g) Parents/Relatives can visit the students during visiting hours from 10-00 a.m. to 12-00 Noon and 3-00 p.m. to 5-00 p.m. in warden's office on Sunday.
- h) If parents wish that their wards can travel alone they should give their consent in writing to the Principal. The departure & arrival time must be entered in the register maintained by the college.
- i) Training can be discontinued in case of misconduct.**
- j) Food will be provided in the dining hall only.**
- k) Towels/buckets shall not be left in the bathrooms and cloth/cotton/refuse etc. is to be thrown in the dustbins. Misuse of Bathrooms will be severely punishable.
- l) Heaters/Stoves/Electric irons are not allowed to be used in the rooms, which may invite penalty of at least Rs. 500/-**

- m) Students must sleep in their own respective beds and in their own rooms only.
- n) Take care not to leave water taps or lights on, when not needed. Economy in use will be appreciated.
- o) Night duty students are not allowed to go out before- p.m. except with prior permission, before / after a night duty off.
- p) Except for going on duty, prior permission to leave the hostel will have to be taken by the student before leaving the hostel, that too for specified time only. On return from leave taken, return of the student to hostel shall have to be notified by the student to the hostel warden.
- r) Hostel Warden/Principal or Person nominated to do so by the Managing Director of Institute can check the hostel room anytime.
- s) Students are required to follow the Rules & Regulations of the Hostel'/Institute from time to time and must maintain discipline and decency during the training period.
- t) Students are not allowed to meet any visitor, not mentioned in the list of visitors permitted by her parents/guardians which is submitted at the time of admission.
- u) Visitors/Relatives of the students are not allowed to stay in the hostel during night hrs. In case of a regular visitor, special prior permission for stay shall have to be taken from the Hostel Warden/Principal/Managing Director.



**STUDENT'S COPY**  
**REHBAR AYURVEDIC & UNANI-TIBBI MEDICAL COLLEGE,**  
**HOSPITAL AND RESEARCH CENTRE**  
**PHAGUWALA KANCHIAN, SANGRUR PATIALA ROAD, BHAWANIGARH-148026 (SANGRUR)**  
Website : [www.rehbarunani.in](http://www.rehbarunani.in) E-mail : [info@rehbarunani.in](mailto:info@rehbarunani.in)

**Hostel Norms  
Declaration**

I.....S/o/D/o.....R/O.....

as a student of Rehbar Ayurvedic and Unani Tibbi Medical College & Hospital solemnly declare that,

1. I shall accept and will obey the hostel norms which copy is provided to me by college authorities.
2. I am bound to take prior permission before leaving the hostel.
3. I shall strictly obey the rules and regulations which are implemented from time to time.
4. I shall pay the yearly Hostel charges regularly and well in advance.
5. I shall always have good conduct to hostel employees deputed in hostel.
6. I shall never involve in any kind of antisocial activities.
7. I shall always have good conduct to my roommates and everyone else with me.
8. I shall never do any kind of misconduct and never tease the surrounding society.
9. I will always respect to our teachers, college employees, management and others.
10. I shall never wander at late night without any proper reason.
11. I shall never damage assets as well as building provided me to use.
12. I shall never fight to each others.
13. I shall never involve in any kind of banned drugs, narcotics and drinks. (Gutka, Pan etc)
14. I shall responsible for compensation of damages of any kind of Hostel premises caused by myself.
15. I am fully aware about the menu provided by college at time of admission.
16. I shall not waste the food provided by mess.
17. I shall take care of cleanness of room as well as surrounding.

I understand that in case of violation of the above mentioned commitment, the college authority has full power to vacate the hostel from me without any refund and I will be solely responsible for that.

Signature of Student

Signature of Parents/Guardian

## STUDENT'S COPY

### **REHBAR AYURVEDIC & UNANI-TIBBI MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTRE**

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Website : [www.rehbarunani.in](http://www.rehbarunani.in)

E-mail : [info@rehbarunani.in](mailto:info@rehbarunani.in)

### Declaration

I.....S/o/D/o.....R/O.....  
..... as a student of Rehbar Ayurvedic and Unani Tibbi Medical College Hospital  
solemnly declare that,

1. I will follow the dress code implemented by college management authority.
2. I shall never leave the college without authorized permission.
3. I shall attend the classes regularly as per the ordinance of Guru Ravidas Ayurved University Hoshiarpur.  
I understand that 75% attendance is necessary and incase of short attendance I will be detained and will not be eligible for the examination.
4. I shall maintain parliamentary behavior in College, Hospital & Hostel premises.
5. I shall maintain discipline with teaching staff, non teaching staff, hospital staff and other employees of thecollege.
6. I shall never get involved in ragging.
7. I shall never get involved/ promote any kind of religious/communal/political activity in the college/ hostel/hospital premises, which is not allow in college premises.
8. I shall never molest the students or anyone else in thecollege/hostel/hospital premises.
9. I shall pay the fee as per implementation of increment by government directive time to time.
10. I shall be responsible to inform college authorities against any untoward event done by the students in college campus and the hostel premises.
11. I shall deposit PDC of full course fee in favour of college.
12. I will not quit the seat duringthe course. If due to any reason, I do so then I will be liable to pay full fee of the coursein favour of the institution.

Signature of Student

### Annual Fee of the Institution:-

The fees will be as per the Govt. of Punjab Notification no. 5/32010/5HBW6464

S.N.	Category	Fee(Per Annum)
1.	Govt. Quota	1,20,000/-
2.	Management Quota	1,80,000/-
3.	Spécial Management Quota/ NRI Quota	3,60,000/-

**Note:** - Compulsory college security shall be deposited as prescribed by the college authority.

Signature of Student



## STUDENT'S COPY

### College Norms

1. The student must follow the dress code implemented by college management authority.
2. The student must attend the classes regularly as per the ordinance of 75% attendance is necessary. (Guru Ravidas Ayurvedic University Hoshiarpur, Punjab)
3. The student should note that in case of short attendance he/she will be detained and will not be eligible for the examination.
4. The student can not leave the college without authorized permission. It is the responsibility of the student to seek permission from college authorities before leaving college. In case of any unfortunate event related to the student, happening outside the college/hostel premises, only the student will be responsible and the college authorities can not be held responsible in any way.
5. The student has to maintain parliamentary behavior in College, Hospital & Hostel premises.
6. The student has to maintain discipline with teaching staff, non teaching staff, hospital staff and other employees of the College.
7. In case of molestation against girls and others female employees in college/hospital premises, the management has Zero-Tolerance Policy and such actions will result in harsh consequences.
8. Ragging of any kind is banned as per **The Honorable Supreme Court verdict**. In case of any kind of involvement in such activities, The Anti Ragging committee will take strict action against the involved student.
9. **In case of damages to the property of college buildings, furniture & other equipment in laboratory and hospital equipment during internship/practical must be compensated by the student.**
10. The student should not get involved/promote any kind of religious/communal/political activity in the college/hostel/hospital premises and instead focus on his/her studies.
11. The student can not quit the seat during the course. If he/she does so, then he/she is liable to pay the full fee of the course in favour of the institution.

I have read the rules & regulations implemented by the college management in full my consciousness. I completely agree with the rules & regulations and promise to follow them sincerely. I understand that in case of violation of any of the above rules & regulations the management will take strict action against me.

Signature of Student

## REHBAR AYURVEDIC & UNANI-TIBBI MEDICAL COLLEGE, HOSPITAL AND RESEARCH CENTRE

**1. Aims and Objects of Unani Education.-** To produce competent Unani graduates of profound scholarship, having deep basis of Unani with modern scientific knowledge, in accordance with Unani fundamentals with extensive practical training so as to become Unani Physician and Surgeon and research worker fully competent to serve in the medical and health services of the country.

**2. Eligibility for admission.-** To seek admission in the respective course of Bachelor of Unani Medicine are as under-

- (A) Admission to Kamile Tib O Jarahat course:** A candidate seeking admission to main Kamile Tib O Jarahat (Bachelor of Unani Medicine and Surgery-B.U.M.S.) Course must have passed-
- (a) intermediate (10+2) or its equivalent examination with at least fifty per cent. aggregate marks in the subjects of Physics, Chemistry and Biology and the candidate shall have passed 10<sup>th</sup> standard with Urdu or Arabic or Persian language as a subject, or clear the test of Urdu of 10<sup>th</sup> standard (wherever there is provision to conduct of such test) in the entrance examination conducted by the University or Board or registered Society or Associations authorized by the Government to conduct such examination;
  - (b) for reserved category or special category like physically handicapped students in 10+2, they shall be given relaxation in of Physics, Chemistry and Biology marks for admission in BUMS as per concerned State and Central rules;
  - (c) for foreign students any other equivalent qualification to be approved by the University shall be allowed; or
  - (d) the Pre-Tib examination of one-year duration.

**3. Duration of course.-** (A) Pre-Tib Course: The duration of Pre-Tib Course shall be one year.

(B) Degree (Bachelor of Unani Medicine and Surgery-B.U.M.S.) Course: The duration of Course shall be five years and six months comprising:-

- |                                    |   |                  |
|------------------------------------|---|------------------|
| (i) First Professional session     | - | Twelve months    |
| (ii) Second Professional session   | - | Twelve months    |
| (iii) Third Professional session   | - | Twelve months    |
| (iv) Final Professional session    | - | Eighteen months. |
| (v) Compulsory Rotatory Internship |   | Twelve months    |

**4. Degree to be awarded.-** The candidate shall be awarded Kamile Tib o Jarahat (Bachelor of Unani Medicine and Surgery-B.U.M.S.) degree after passing all the examinations and completion of the prescribed course of study extending over the prescribed period, and the compulsory rotatory internship extending over twelve months.

**5. Medium of instruction.-** The medium of instruction for the course shall be Urdu or Hindi or any recognised regional language or English.

**6. Scheme of examination.-** (1) (a) The first professional session shall ordinarily start in July and the first professional examination shall be at the end of one academic year of first professional session;

(b) The first professional examination shall be held in the following subjects, namely:-

- (i) Arabic and Mantiq wa Falsafa (Logic and Philosophy);
- (ii) Kulliyat Umoore Tabiya (Basic Principles of Unani Medicine);
- (iii) Tashreehul Badan (Anatomy);
- (iv) Munafe ul Aaza (Physiology);

The failed student of first professional shall be allowed to appear in second professional examination, but the student shall not be allowed to appear in third professional examination unless the student passes all the subjects of first professional examination and maximum four chances shall be given to pass first professional examination within a period of maximum three years.

(2) (a) The second professional session shall start every year in the month of July following completion of first professional examination and the second professional examination shall be ordinarily held and completed by the end of month of May or June every year after completion of one year of second professional session;

(b) The second professional examination shall be held in the following subjects, namely:-

- (i) Tareekhe Tib (History of Medicine);
- (ii) Tahaffuzi wa Samaji Tib (Preventive and Community Medicine);
- (iii) Ilmul Advia (Pharmacology);
- (iv) Mahiyatul Amraz (Pathology);

(c) The failed student of second professional who have passed all the subjects of first professional examination shall be allowed to appear in third professional examination, but the student shall not be allowed to appear in final professional examination unless the student passes all the subjects of second professional examination and maximum four chances shall be given to pass second professional examination within a period of maximum three years.

(3)(a) The third professional session shall start every year in the month of July following completion of second professional examination and the third professional examination shall be ordinarily held and completed by the end of the month of May or June every year after completion of one year of third professional session;

(b) The third professional examination shall be held in the following subjects, namely:-

- (i) Communication Skills;
- (ii) Ilmul Saidla wa Murakkabat (Pharmacy)
- (iii) Tibbe Qanooni wa Ilmul Samoom (Jurisprudence and Toxicology);
- (iv) Sareeriyat wa Usoole Ilaj (Clinical Methods);
- (v) Ilaj bit Tadbeer (Regimenal Therapy);
- (vi) Ilmul Atfal (Paediatrics);

(b) The failed student of third professional who have passed all the subjects of first and second professional examinations shall be allowed to appear in final professional examination and maximum four chances shall be given to pass third professional examination within a period of maximum three years.

(4)(a) The final professional session shall be of one year and six months duration and shall start every year in the month of July following completion of third professional examination and the final professional examination shall be ordinarily held and completed by the end of the month of December every year after completion of one year and six months of final professional session;

(b) The final professional examination shall comprise of the following subjects, namely:-

- (i) Moalajat (General Medicine);
- (ii) Amraze Niswan (Gynaecology);
- (iii) Ilmul Qabala wa Naumaulood (Obstetrics and Neonatology);
- (iv) Ilmul Jarahat (Surgery);
- (v) Ain, Uzn, Anf, Halaq wa Asnan (Eye, Ear, Nose, Throat and dentistry);
- (vi) Amraze Jild wa Tazeeniyat;

(c) The student failed in any of the four professional examinations in four chances shall not be allowed to continue his or her studies:

Provided that, in case of serious personal illness of a student and in any unavoidable circumstances, the Vice- Chancellor of the concerned University may provide one more chance in anyone of four professional examinations;

(d) To become eligible for joining the compulsory internship programme, all four professional examinations shall be passed within a period of maximum nine years including all chances as mentioned above.



**1. Compulsory Rotatory Internship.**-(1)The duration of Compulsory Rotatory Internship shall be one year and the student shall be eligible to join the compulsory internship programme after passing all the subjects from first to the final professional examinations, andthe internship programme shall be start after the declaration of the result of final professional examination.

(2)The Internship Programme and time distribution shall be as follows:-

(a)the interns shall receive an orientation regarding programme details of internship programme alongwith the rules and regulations, in an orientation workshop, which shall be organised during the first three days of the beginning of internship programme and a workbook shall be given to each intern, in which the intern shall enter date-wise details of activities undertaken by him or her during his or her training;

(a)every intern shall provisionally register himself with the concerned State Board or Council and obtain a certificate to this effect before joining the internship program;

(b)the daily working hours of intern shall be not less than eight hours;

(c) no Internee shall remain absent from his hospital duties without prior permission from Head of Department or Chief Medical Officer or Medical Superintendent of the Hospital;

(d)on satisfactory completion of internship programme, the Principal or Dean of the concerned college shall issue the internship certificate to the candidate;

(e) normally one-year internship programme shall be divided into clinical training of six months in the Unani hospital attached to the college and six months in Primary Health Centre or Community Health Centre or Rural Hospital or District Hospital or Civil Hospital or any Government Hospital of modern medicine:

Provided that where there is no provision or facility or permission of the State Government for allowing the graduate of Unani in the hospital or dispensary of Modern Medicine, the one year Internship shall be completed in the Hospital of Unani College.

(3) The clinical training of six or twelve months, as case may be, in the Unani hospital attached to the college or in non- teaching hospitals approved by Central Council of Indian Medicine shall be conducted as follows:-

Sl.No.	Departments	Distribution of six months	Distribution of twelve months
(i)	Moalajat including Ilaj bit Tadbeer and Amraze Jild wa Tazeeniyat	Two months	Four months
(ii)	Jarahat	One month	Two months
(iii)	Amraz -e-Ain, Uzn, Anf, Halaq wa Asnan	One month	Two months
(iv)	Ilmul Qabalat -wa-Amraz -e-Niswan	One month	Two months
(v)	Amraze Atfal	Fifteen days	One month
(vi)	Tahaffuzi -wa-Samaji Tib (Preventive and Community Medicine)	Fifteen days	One month

- (2) Six months training of interns shall be carried out with an object to orient and acquaint the intern with National Health Programme and the intern shall undertake such training in one of the following institutes, namely:-
- (a) Primary Health Centre;
  - (b) Community Health Centre or District Hospital;
  - (c) any recognised or approved hospital of modern medicine;
  - (d) any recognised or approved Unani hospital or dispensary:
- Provided that all the above institutes mentioned in clauses (a) to (d) shall have to be recognised by the concerned University and concerned Government designated authority for providing such training.
- (3) Detailed guidelines for internship programme- The guidelines for conducting the internship clinical training of six or twelve months in the Unani Hospital attached to the college and the intern shall undertake the following activities in the respective department as shown below:-
- (a) Moalajat- The duration of internship in this department shall be two months or four months with following activities:-
- (i) all routine works such as case taking, investigations, diagnosis and management of common diseases by Unani medicine;
  - (ii) examination of Nabz, Baul-o-Baraz by Unani methods, routine clinical pathological work as. haemoglobin estimation, complete haemogram, urine analysis, microscopic examination of blood smears, sputum examination, stool examination, interpretation of laboratory data and clinical findings and arriving at a diagnosis;
  - (iii) training in routine ward procedures and supervision of patients in respect of their diet, habits and verification of medicine schedule;
  - (iv) Ilaj bit Tadbeer: Procedures and techniques of various regimenal therapies;
  - (v) Amraze Jild-wa Tazeeniyat: Diagnosis and management of various skin diseases, use of modern techniques and equipments in skin and cosmetology etc;
- (b) Jarahat- The duration of internship in this department shall be one month or two months and intern shall be practically trained to acquaint with following activities:-
- (i) diagnosis and management of common surgical disorders according to Unani principles;
  - (ii) management of certain surgical emergencies such as fractures and dislocations, acute abdomen;
  - (iii) practical training of aseptic and antiseptics techniques, sterilization;
  - (iv) intern shall be involved in pre-operative and post-operative managements;
  - (v) practical use of anesthetic techniques and use of anesthetic drugs;
  - (vi) radiological procedures, clinical interpretation of X-ray, Intra Venous Pyelogram, Barium meal, Sonography and Electro Cardio Gram;
  - (vii) surgical procedures and routine ward techniques such as:-
    - (a) suturing of fresh injuries;
    - (b) dressing of wounds, burns, ulcers and similar ailments;
    - (c) incision of abscesses;
    - (d) excision of cysts; and
    - (e) venesection;

- (c) Amraze Uzn, Anf, Halaqwa Asnan- The duration of internship in this department shall be onemonth or two months and intern shall be practically trained to acquaint with following activities:-
- (i) diagnosis and management of common surgical disorders according to Unani Principles;
  - (ii) intern shall be involved in Pre-operative and Post-operative managements;
  - (iii) surgical procedures of ear, nose, throat, dental problems, ophthalmic problems;
  - (iv) examinations of eye, ear, nose, throat disorders, refractive error, use of ophthalmic equipment for diagnosis of ophthalmic diseases, various tests for deafness; and
  - (v) minor surgical procedure in Uzn, Anf, Halaq like syringing and antrum wash, packing of nose in epistaxis, removal of foreign bodies from Uzn, Anf and Halaq at Out-Patient Department level;
- (d) Ilmul Qabalat wa Amraze Niswan- The duration of internship in this department shall be one month or two months and intern shall be practically trained to acquaint with following activities:-
- (i) antenatal and post-natal problems and their remedies;
  - (ii) antenatal and post-natal care;
  - (iii) management of normal and abnormal labours; and
  - (iv) minor and major obstetric surgical procedures;
- (e) Amraze Atfal- The duration of internship in this department shall be fifteen days or one month and intern shall be practically trained to acquaint with following activities:-
- (i) antenatal and post-natal problems and their remedies, antenatal and Post-natal care also by Unani principles and medicine;
  - (ii) antenatal and post-natal emergencies;
  - (iii) care of new born child along with immunization programme; and
  - (iv) important pediatric problems and their managements in Unani system of Medicine;
- (a) Tahaffuzi wa SamajiTibb- The duration of internship in this department shall be fifteen days or one month and intern shall be trained to acquaint with the programmes of prevention and control of locally prevalent endemic diseases including nutritional disorders, immunisation, management of infectious diseases, family welfare planning programmes.
- (3) The Internship training in Primary Health Centre or Rural Hospital or District Hospital or Civil Hospital or any Government Hospital of modern medicine or Unani Hospital or Dispensary: During the six months internship training in Primary Health Centre or Community Health Centre or District Hospital or any recognised or approved hospital of Modern medicine or Unani hospital or dispensary, the intern shall-
- (i) get acquainted with the routine of the Primary Health Centre and maintenance of their records;
  - (ii) get acquainted with the routine working of the medical or non-medical staff of Primary Health Centre and be always in contact with the staff in this period;

- (iii) get familiarized with the work of maintaining the relevant register like daily patient register, family planning register, surgical register and take active participation in different Government Health Schemes or Programme;
- (iv) participate actively in different National Health Programmes implemented by the State Government. (7) Internship training in Rural Unani dispensary or hospital: During the six months internship training in Rural Unani dispensary or hospital, intern shall-
  - (i) get acquainted with the diseases more prevalent in rural and remote areas and their management; and
  - (ii) involve in teaching of health care methods to rural population and also various immunization programmes.
- (8) Internship training in Casualty Section of any recognised hospital of modern medicine: During the six months internship training in Casualty Section of any recognised hospital of modern medicine, intern shall-
  - (i) get acquainted with identification of casualty and trauma cases and their first aid treatment; and
  - (ii) get acquainted with procedure for referring such cases to the identified hospitals.

**1. Assessment of internship.-** After completing the assignment in various Sections, the intern shall obtain a completion certificate from the head of the Section in respect of their devoted work in the Section concerned and finally submit to the Principal or Dean or Head of the institution so that completion of successful internship may be granted.

**2. Migration of Internship.-** (1) The Migration of internship shall be with the consent of the both college and University, in case of migration is between the colleges of two different Universities.

(2) In case migration is only between colleges of the same University, the consent of both the colleges shall be required.

(3) The migration shall be accepted by the University on the production of the character certificate issued by institute or college and application forwarded by the college and University with a “No Objection Certificate”, as the case may be.

**3. Examination.-**(1) The theory examination shall have minimum twenty per cent. short answer questions having maximum mark up to forty per cent. and minimum four questions for long explanatory answer having maximum marks up to sixty per cent., and these questions shall cover entire syllabus of subject.

(2) The minimum marks required for passing the examination shall be fifty per cent. in theory and oral or practical separately in each subject and in the subjects which are comprised of two papers and have one common practical, the criteria of passing the theory papers will be decided on the basis of achieving fifty per cent. marks in aggregate of both the papers.

(3) A candidate obtaining seventy-five per cent marks in the subject shall be awarded distinction in the subject.

(4) If a candidate is failed in the theory or oral or practical exam, he shall be required to appear in supplementary examination in theory as well as practical also.

- (7) In case a student fails to appear in regular examination for cognitive reason, he shall appear in supplementary examination as regular student, whose non-appearance in regular examination shall not be treated as an attempt and such students after passing examination shall join the studies with regular students and appear for next professional examination after completion of the required period of study.
- (8) The following facts may be taken into consideration in determining class work in the subject-
- (a) Regularity in attendance;
  - (b) Periodical tests; and
  - (c) Practical work.
- 4. Migration during degree course.**-(1) The students may be allowed to take the migration to continue their study to another college after passing the first professional examination, but failed students transfer and mid-term migration shall not be allowed.
- (2) For migration, the students shall have to obtain the mutual consent of both colleges and Universities and it shall be against the vacant seat after obtaining “No Objection Certificate” from Central Council.
- (5) The supplementary examination shall be held within six months of regular examination and failed students shall be eligible to appear in its supplementary examination, as the case may be.
- (6) Each student shall be required to attend not less than three-fourth of the lectures delivered and practicals or demonstrations or clinicals held in each subject during each course and each student also be required to participate in educational trips or tours of the college during the year: provided that the Dean or Principal may exempt any one from such participation to the extent be deemed necessary on individual merit of each case.

### Cultural Activities



1. Number of papers and marks for theory and practical.-

Name of the subject (1)	Number of hours of teaching			Details of maximum marks			
	Theor y (2)	Practical (3)	Total (4)	Number of papers (5)	Theor y (6)	Practica l (7)	Total (8)
<b>PRE-TIB</b>							
1. Tabiyaat (Physics)	180	90	270	one	100	100	200
2. Kimiya (Chemistry)	180	90	270	one	100	100	200
3. Nabatiyat (Botany)	180	90	270	one	100	100	200
4. Haiwaniyat (Zoology)	180	90	270	one	100	100	200
5. English	180	--	180	one	100	--	100
<b>Note:</b> Permission can be given to conduct the Pre-Tib Course in a Science College in nearby vicinity.							
<b>First Professional</b>							
1. Arabic and Mantiq wa Falsifa	100	-	100	one	100	-	100
2. Kulliyat Umoore Tabiya (Basic Principles of Unani Medicine)	100	-	100	one	100	100	200
3. TashreehulBadan (Anatomy)* Paper (i)- Tashreeh -I Paper (ii)- Tashreeh - II	225	200	425	Two	100 100	100	300
4. MunafeulAaza (Physiology) Paper (i) - Munafeul Aza Umoomi waHayati Kimiya (General Physiology and Biochemistry) Paper (ii) -Munafeul Aza Nizami (Physiology)	225	200	425	Two	100 100	100	300
<b>Note:</b> *Tashreehul Badan Paper - I : General description of Connective tissues, Muscles, Nerves, Upper and Lower Limbs and organs of Head and Neck including basics of Embryology and Genetics like as Chromosomes, Pattern of inheritance, Cyto-genetics and Genetics of important diseases. *Tashreehul Badan Paper - II: General description of Thorax, Abdomen and Pelvis and Applied and Gross Anatomical anomalies of different organs.							
<b>Second Professional</b>							
1. Tareekhe Tib (History of Medicine)	100	-	100	One	100	-	100
2. Tahaffuzi wa Samaji Tib (Preventive and Community Medicine)	150	100	250	One	100	100	200
3. Ilmul Advia Paper (i)- Kulliyate Advia Paper (ii)- Advia Mufradah	200	100	300	Two	100 100	100	300
4. Mahiyatul Amraz Paper (i)- Mahiyatul Amraz Umoomi wa Ilmul Jaraseem Paper (ii)- Mahiyatul Amraz Nizamia	200	200	400	Two	100 100	100	300

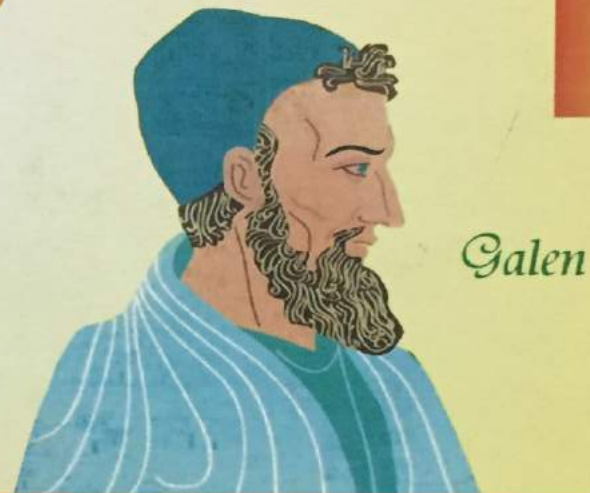
# Principles of Unani System of Medicine



In the story of Unani medicine, equilibrium plays a very important role. Unani says that the human body is maintained by the harmonious arrangement of the 7 basic physiological principles. These are the heroes and villains that play their crucial parts in human life.

- Arkan (Elements)
- Mizaj (Temperament)
- Akhlat (Humors)
- A'za (Organs)
- Arwah (Vital Spirit)
- Quwa (Powers)
- Af'al (Functions)

## Origin of Unani System of Medicine



A long time ago in ancient Greece, there evolved a system of medicine which is now known as UNANI SYSTEM. Hippocrates freed medicine from the realm of witchcraft and magic and gave it the status of science, and was named the 'Father of Medicine'. He believed that perfect equilibrium of 'Arkan' (elements), 'Akhlal' (humors) and 'Mizaj' (temperaments) kept the mind and body healthy. A number of Greek scholars including Galen contributed towards stabilizing Unani's foundation. It was further enriched by Arab and Persian physicians like Rhazes and Avicenna who helped expand existing knowledge on the subject. Unani was further enriched when it came to India as it imbibed numerous native drugs.

